Cooking is the number one cause of home fires and injuries, and more deadly home fires occur during the winter than any other season. Protect your family with our Recipe for Safety.

Ingredients

- Directions
- 1. Keep flammable items away from the stove and roll up long sleeves.
 - 2. Be alert! Never cook when you're tired or while you're consuming alcohol.
 - Stay in the kitchen when frying, sautéing or broiling, and when using grease or oil.

If you leave, turn off the stove. If baking, roasting or broiling, check it regularly and use a timer.

- 4. Turn pot handles towards the back of the stove to avoid spills.
- 5. Keep children and pets at least three feet away from cooking areas.
- 6. Never put metal in the microwave. If a fire occurs, keep the door closed and unplug immediately.
- 7. For small grease fires, slide a lid over the pan to smother it. Turn off the stove and let the pan cool. Or, use Kidde's 711A kitchen fire extinguisher. Never pour water on an oil fire.
- 8. Install a smoke alarm at least 10 feet away from a cooking area to reduce nuisance alarms.
- 1. Keep a fire extinguisher, like Kidde's 711A kitchen unit, inside a cabinet. Only use a fire extinguisher if the fire is small and self-contained. Call your local fire department before using.

Share Your #RecipeforSafety with us on Twitter @KiddeSafety!

Sources: NFPA.org, FEMA.org, Kidde.com

- Smoke alarms

- Fire extinguishers Carbon monoxide alarms
- Escape ladders
- Escape plan
- Emergency contact information

Kidde Recipe for Safety

